

## Leap of Faith Challenge

**Title:** Leap of Faith Challenge

**Skill focus** (gender based difference): Trust, Decision Making

### Description:

Each team consists of four members. The goal of the activity is for the whole team to navigate to the other side of the minefield, avoiding the obstacles on the floor, while most of the team members are blindfolded. This activity has three rounds, with eight minutes per round.

Depending on the space allowed, the length of the obstacle course can be adjusted. This challenge was designed for a hall big enough to host 15 teams of 4.

### Supporting Material:

1. Red and green stickers (the ones used for labels will do): these are used in the seating arrangement
2. String and paper – to create team number labels for everyone
3. Sheets of colored paper, 15 of each color (red, green, blue) cut into geometric shapes – for safe obstacles
4. Yellow paper, cut into 60 stars – for bonus points
5. Tape
6. Instruction slides, along with takeaway messages on gender differences in trust, and decision making
7. Timer
8. Voting buttons
9. 60 blindfolds

### Group set up:

60 Attendees: 15 teams: 4 per team

Table No.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Men	0	3	2	4	1	0	3	2	4	1	0	3	2	4	1
Women	4	1	2	0	3	4	1	2	0	3	4	1	2	0	3

## **Instructions:**

1. Once people start arriving instruct the women to sit at seats marked with a green sticker, and men to sit at seats marked with a red sticker.
2. If there are tables that are missing members, ask people to complete the tables in order for each team to have 4 participants. Once everyone is seated, the presenter can start.
3. The presenter will start by explaining the objective of the activity, the supplies and the rules to the attendees.

## **The Minefield Challenge:**

### **General Rule:**

For this challenge, the third and fourth members have to be of the same gender.

### **Round 1:**

The objective of this round is for the first team member to reach the final destination while losing as little points of the team's point bank as possible.

1. At the beginning of the round, the team has 50 points in their bank.
2. Give team member 1 their blindfold and start the session, without allotting time for strategizing.
3. Show the team's members where their team's finishing spot is, based on their team number.
4. Blindfold the first team member and spin them once, setting them at the team's starting spot.
5. Allow the team 8 minutes to instruct the first team member, who is blindfolded, on how to navigate the minefield to reach the other side.
6. The team members have to avoid stepping on the obstacles. Record the number of obstacles the team member steps on throughout the round.
7. For bonus points the team members can collect up to three stars along their way. In this round, only the first team member can collect the stars.
8. The first team member will remain on the finishing spot for the rest of the activity.
9. Pass the score of the round to the scoring sheet facilitator as soon as the team member completes the round.

## **Round 2:**

The objective of this round is for the second team member to reach the final destination while losing as little points of the team's point bank as possible.

1. At the beginning of the round, the team has 50 points in their bank.
2. Allow the team 2 minutes to prepare their blindfolds and discuss their strategy.
3. Show the team's members where their team's finishing spot is, based on their team number.
4. Blindfold the second team member and spin them once, setting them at the team's starting spot.
5. Allow both sides of the team 8 minutes to instruct the second team member, who is blindfolded, on how to navigate the minefield to reach the other side.
6. The team members have to avoid stepping on the obstacles. Record the number of obstacles the team member steps on throughout the round.
7. For bonus points the team members can collect up to three stars along their way. In this round, only the second team member can collect the stars.
8. The second team member will remain on the finishing spot for the rest of the activity.
9. Pass the score of the round to the scoring sheet facilitator as soon as the team member completes the round.

### **Round 3:**

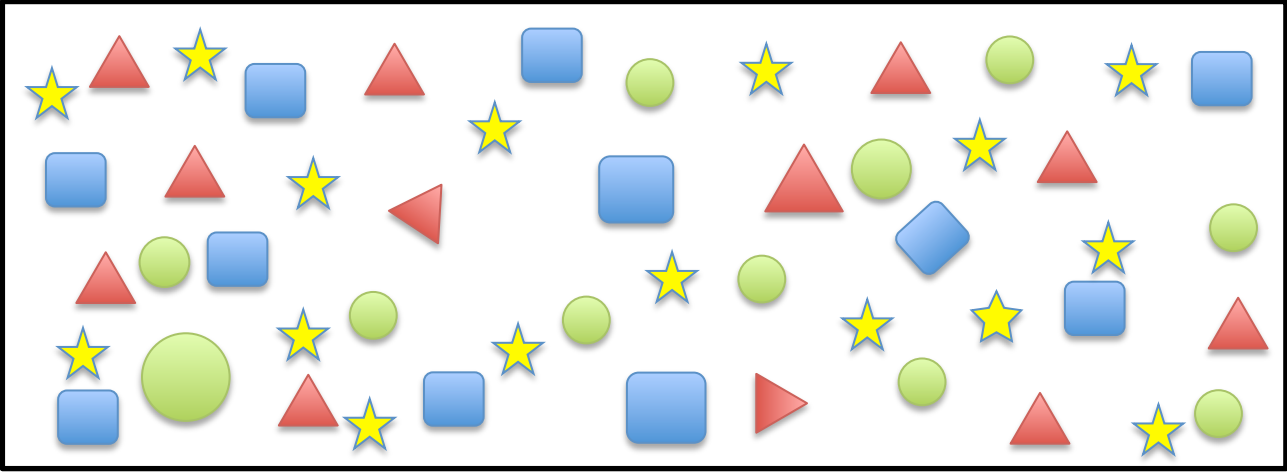
The objective of this round is for the third and fourth team members to reach the final destination while losing as little points of the team's point bank as possible.

1. At the beginning of the round, the team has 50 points in their bank.
2. Allow the team 2 minutes to prepare their blindfolds and discuss their strategy.
3. Show the team's members where their team's finishing spot is, based on their team number.
4. Blindfold the third team member and spin them once, setting them at the team's starting spot.
5. Have the fourth member stand behind the third member, and place their hands on the third member's shoulder.
6. This round is set for a total of 8 minutes.
7. Set the third team member, who is blindfolded, in the lead.
8. The fourth member will not speak, but guide the third member by tapping their shoulder.
9. Tapping on the right shoulder means move to the right, and tapping on the left shoulder means move to the left. Tapping on both means pick up a star below you.
10. Allow only the fourth team member to guide the third team member through the minefield.
11. The team members have to avoid stepping on the obstacles. Record the number of obstacles the team member steps on throughout the round.
12. For bonus points the team members can collect up to three stars along their way. In this round, only the third team member can collect the stars.
- 13.** All team members have to have reached the finishing spot by the end of round 3.
14. Pass the score of the round to the scoring sheet facilitator as soon as the team member completes the round.

## Reference Materials:

### Floor setup:

There will be no tables needed for this session. Chairs can be put at the sides of the hall for teams to sit during the introduction and takeaways.

Start:														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
														
Finish:														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

## Time breakdown:

Action	Time (minutes)
Intro safety and demographic polling	3
Workshop Intro	5
Round 1 (round)	10 (8)
Round 2 (strategy + round)	10 (2 + 8)
Round 3 (strategy + round)	10 (2 + 8)
Takeaway Messages	5
Total	43

## How we decide how to assign points:

- A maximum total of 150 points can be redeemed from all three rounds, with an addition of up to 90 points based on number of stars collected.
- In each round, the team starts with 50 points in their repository.
- The objective in each round is to reach the finish line before the time ends. If the team member crossing the minefield does not reach their designated final spot, the team gets disqualified from that round.
- In each round, every time a team member steps on an obstacle, the team loses 5 points. If you step on 10 or more obstacles with your feet, you lose all the 50 points. There is no negative counting however, so the least number of points per round is always 0.
- In the first, second, and third round, the team has a chance of gaining up to 15, 30, and 45 bonus points respectively, by collecting 3 stars from their path. Only the blindfolded member in the round can collect the stars.

Round	Star Worth	Maximum Bonus Points
First	5 points	15 points
Second	10 points	30 points
Third	15 points	45 points

- The highest total of points a team could collect in the challenge is 240 points. The team with the highest number of points wins the challenge.
- **General Rule:**
  - a. **After each round, give the session coordinator your team number, so they can update the excel scoring sheet**
  - b. **The excel scoring sheet will calculate the results and display it on the screen**

<b>Round 1</b>			
Stepped on a Mine	1 star	2 stars	3 or more stars
-5 points	5 points	10 points	15 points

<b>Round 2</b>			
Stepped on a Mine	1 star	2 stars	3 or more stars
-5 points	10 points	20 points	30 points

<b>Round 3</b>			
Stepped on a Mine	1 star	2 stars	3 or more stars
-5 point	15 points	30 points	45 points

## Volunteer roles:

No	Action	Volunteer Role	Note
1	Before we start	Make sure that your teams are consistent with the gender breakdown table in terms of the following: a. Team numbers b. Gender breakdown	
2	After facilitator explains instructions	Ensure everyone in the team understands what they need to do in round one.	
3		Give your team one minute to discuss their strategy, and one minute to blindfold the team member and set them at the starting line.	Do not spin the blindfolded team member around until the facilitator signals the start of the round.
4	During the round	Make sure that your team follows the rules and keep scoring.	
5	Points calculation	Scoring should be continuous throughout the challenge using the scoring sheet below.	
6	At the end of each round facilitator asks the teams to stop	When the facilitator asks the teams to stop, give the person responsible for the excel scoring sheet your team number and score.	Make sure your team stops at the end of the 8 <sup>th</sup> minute, regardless of where they are in the minefield.
8	Winning team announced	Go up to the front and be in the picture with them.	



Scoring sheet:

Team Number: \_\_\_\_\_

Circle where appropriate

Round 1			
Number of Mines stepped on	Number of Stars collected		
	1 star	2 stars	3 or more stars

Circle where appropriate

Round 2			
Number of Mines stepped on	Number of Stars collected		
	1 star	2 stars	3 or more stars

Circle where appropriate

Round 3			
Number of Mines stepped on	Number of Stars collected		
	1 star	2 stars	3 or more stars